




Sr. Programming is open to all area seniors for Recreational and Educational purposes. NO soliciting.

JULY

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|--|
| | | | | <p><u>1</u></p> <p>9:15 NO YOGA 10:00 Knot Just Knitting 1:00 BINGO 1:00 500 - sm room 1:00 Hutch Bowl</p> |
| <p><u>4</u></p>  <p>4th of July</p> <p>WE WILL BE CLOSED</p> | <p><u>5</u></p> <p>9:15 Card Makers 9:15 Exercise to DVD 9:15 Sheephead 1:00 Pinochle 1:00 BINGO- sm room</p> | <p><u>6</u></p> <p>9:15 SAIL 9:15 Texas Hold 'Em 11:30 Line Dancing VFW 1:00 Ping Pong 1:00 AARP</p> | <p><u>7</u></p> <p>9:15 Pilates 12:30 Sheephead 1:00 500 1:00 Hand & Foot</p> | <p><u>8</u></p> <p>9:15 Yoga 10:00 Knot Just Knitting 1:00 BINGO 1:00 500 - sm room 1:00 Hutch Bowl</p> |
| <p><u>11</u></p> <p>9:15 SAIL 10:00 Tour Registration 1:00 Pinochle</p>  | <p><u>12</u></p> <p>9:15 Card Makers 9:15 Exercise to DVD 9:15 Sheephead 1:00 Pinochle 1:00 BINGO- sm room</p> | <p><u>13</u></p> <p>9:15 SAIL 9:15 Texas Hold 'Em 10:30 Book Club "A" 11:30 Line Dancing VFW Noon Bridge 1:00 Ping Pong</p> | <p><u>14</u></p> <p>9:15 Pilates 12:30 Sheephead 1:00 500 1:00 Hand & Foot</p> | <p><u>15</u></p> <p>9:15 Yoga 10:00 Knot Just Knitting 1:00 BINGO 1:00 500 - sm room 1:00 Hutch Bowl</p> |
| <p><u>18</u></p> <p>9:15 SAIL 1:00 Pinochle</p> | <p><u>19</u></p> <p>9:15 Card Makers 9:15 Exercise to DVD 9:15 Sheephead 1:00 Pinochle 1:00 BINGO- sm room</p> | <p><u>20</u></p> <p>9:15 SAIL 9:15 Texas Hold 'Em 10:00 Monthly Movie 11:30 Line Dancing VFW 1:00 Monthly Movie 1:00 Ping Pong</p> | <p><u>21</u></p> <p>9:15 Pilates 12:30 Sheephead 1:00 500 1:00 Hand & Foot</p> | <p><u>22</u></p> <p>9:15 Yoga 10:00 Knot Just Knitting 1:00 BINGO 1:00 500- sm room 1:00 Hutch Bowl</p> |
| <p><u>25</u></p> <p>9:15 SAIL 10:00 Sr. Ad Board 1:00 Pinochle</p> | <p><u>26</u></p> <p>9:15 Card Makers 9:15 Exercise to DVD 9:15 Sheephead 1:00 Pinochle 1:00 BINGO- sm room</p> | <p><u>27</u></p> <p>9:15 SAIL 9:15 Texas Hold 'Em 10:30 Book Club "B"  Green Castle 11:30 Line Dancing VFW Noon Bridge 1:00 Ping Pong</p> | <p><u>28</u></p> <p>9:15 Pilates 12:30 Sheephead 1:00 500 1:00 Hand & Foot</p> | <p><u>29</u></p> <p>9:15 Yoga 10:00 Knot Just Knitting 1:00 BINGO 1:00 500- sm room 1:00 Hutch Bowl</p> |